



TOTAL TEEN Experience

Held at Ramapo College
505 Ramapo Valley Road, Mahwah, NJ

SUMMER 2015 PROGRAM

Program Dates

Total Teen Experience will run from Monday, July 6 through Thursday, August 13, from 9:00 AM – 3:00 PM (drop off between 8:30-8:45 AM). There is no program on Fridays.

Orientation

An orientation for participants will be held Monday, June 29 and Tuesday June 30 from 10:00 AM – 2:00 PM at RJFS, 450 West Nyack Road, West Nyack, NY 10994.

Cost

The fee for this comprehensive program is \$1,800.

Fun Evening Outings!

Participants will have the option to attend evening outings and enjoy fun activities like mini golf and bowling! A nominal fee (\$10-\$20) per outing will apply.

Extended Day Service

Extended hours are available from 3:00 – 5:00 PM. The cost for extended day service is \$350 for the summer.

Reserve A Spot

To reserve a place for your son or daughter, a deposit of \$500 is due by May 1. The balance is due by May 30.

Participants may bring their own lunch or buy lunch on campus.



Rockland Jewish Family Service

450 West Nyack Road, West Nyack, NY 10994
Phone: 845.354.2121 • Fax: 845.354.2928
www.rjfs.org

Total Teen Experience is a dynamic summer program for adolescents, ages 14-21 who struggle with peer relationships, impulse control, fitting in with others, coping with emotions and related difficulties. For six weeks this summer, your teen will learn skills that will last them a lifetime!

Every day is full of activities, including:

- **Entrepreneurial program:** Participants will run a self-sustaining business on campus. They will interact with other students and campers as they create a business plan and implement it. Each participant will have a chance to work in all aspects of the business, from market research and business planning to creating the product, retail, budgeting and more!
- **Filmmaking experience:** Participants will learn all phases of filmmaking from pre-production planning and script writing to shooting, editing and output to social media. This experience allows for building of social skills while strengthening self-expression and emphasizing teamwork.
- **Group process and socialization skills,** led by site director Allison Csernai (MSW), who has worked with Total Teen Experience participants over the past four summers.
- **Nutrition, exercise, evening outings and more!**

What Parents Are Saying

“My son loved the Total Teen Experience. He took his internship very seriously and gained confidence and self respect. He can’t wait for this summer to do it again.”

“John has gained self confidence through the program, and now sees that he has the potential to work independently in the future!”

“My son looks forward to this each summer and enjoys hanging with his friends. It’s wonderful to have him want to be around other kids his age and not his video games!”

Reserve your spot today

For more information or to register please contact Michele Koenig LPC, LMFT, Director of Clinical Programs at **845-354-2121 ext. 141** or via email at mkoenig@rjfs.org.

Thanks to our sponsors Joan and Joel Black, Mr. & Mrs. Kenneth Sherman, and the Jewish Federation of Rockland County for making this program possible.