

Social Skills Groups

for children ages 4 - 11

Ongoing
Student
Enrollment

Evening
and Weekend
Sessions



Social groups provide children with the opportunity to learn essential social skills in a group context.

Each child has individual goals as well as group goals that are developed and reviewed with parents.

Small-group learning with ***age-matched peers*** allows children to practice skills such as initiating and maintaining a conversation, negotiating winning and losing, and increasing concentration and attention during structured and unstructured activities.

Social skills groups are beneficial for children who have:

- ▶ Social Anxiety
- ▶ Inattention/Impulsivity
- ▶ Autism Spectrum Disorder
- ▶ Poor communication skills
- ▶ Difficulty making friends
- ▶ Difficulty asserting themselves



Hosted at Preschool Playhouse, 557 Western Highway, Blauvelt, New York 10913

What you will receive from our program:

- Students are grouped with peers that function similarly to your child in his/her cognitive, perspective taking, social language and auditory processing abilities.
- Sessions are facilitated through story times, music, dramatic and creative play.
- Weekly sessions are 60 minutes long. Each session includes 45-50 minutes of direct teaching and 10 minutes of parent education – “parent talk time”.

During “parent talk time” you receive information about the concepts and strategies taught and will be provided with ideas on how this information can be carried over at home, at school and in the community.



Sessions are targeted to aid specific needs of children, as well as general skills to enhance interpersonal relationships including:

- ▶ Fostering friendships
- ▶ Encouraging cooperative play
- ▶ Modeling of appropriate peer behaviors
- ▶ Teaching appropriate conversation skills
- ▶ Promoting coping and relaxation skills in novel situations
- ▶ Connecting thoughts, feeling and behaviors

The program is organized by Dr. Lana Benim, Psy.D.
Dr. Lana Benim is a school psychologist who works with children from pre-school to college level to address a variety of social and emotional concerns. In addition to individual and group counseling, Dr. Benim also works with families to incorporate effective strategies into the home setting.

For dates, times and pricing contact Dr. Lana Benim at lanabenim@gmail.com, or call 920-333-2496.